



Lifting operations need to be planned and performed by competent personnel using certified equipment. To protect people around suspended loads and any mechanical lifting operation, access should be controlled through physical barriers and exclusion zones. When mechanically lifting people (e.g. personnel transfer, mobile elevated work platform), organizations should provide equipment which is designed and certified specifically for lifting people.

- I confirm that the equipment and load have been inspected and are fit for purpose.

---

- I only operate equipment that I am qualified to use.

---

- I establish and obey barriers and exclusion zones.

---

- I never walk under a suspended load.

